

MEN'S SIZING CHART

All our products are designed to enhance every adventure you embark on, that's why we take care to make sure they fit to you rather than you fitting the product. Our size chart below shows a guideline to the standard body measurements that we work to. Measuring your body accurately will help to determine what size Regatta kit is best for you.

Men's Body Measurements

	XXS	XS	S	M	L	XL	XXL	XXXL	XXXXL	XXXXXL
Men's Sizing: Jackets / Body Warmers / Fleecees / Shirts & T-Shirts										
(Chest) size inches	32-34	35-36	37-38	39-40	41-42	43-44	46-48	49-51	52-54	55-57
(Chest) size cm's	81-86	89-91.5	94-96.5	99-101.5	104-106.5	109-112	117-122	124.5-129.5	132-137	140-145
EU Size Conversion	44	46	48	50	52-54	56	58-60	62	64	66
USA Conversion	34	36	38	40	42	44	46	48	50	52

Men's Waist Sizing: Trousers & Shorts

(Waist) size inches	26	28	30	32	33	34	36	38	40	42	44	46	48	50
(Waist) size cm's	66	71	76	81	84	86.5	91.5	96.5	101.5	106.5	111.5	117	122	127
Men's Waist Sizing Conversions														
Austria, Switzerland, Germany, Netherlands, Sweden, Italy, Belgium, Spain, France, Portugal	40	42	44	46	48	50	52	54	56	58	60	62	64	66
USA	34	36	38	40	42	44	46	48	50	52	54	56	58	60

Men's Inside Leg Measurements

(Short) inches	30	30	30	30	30	30	30	30	30	30	30	30	30	30
(Regular) inches	32	32	32	32	32	32	32	32	32	32	32	32	32	32
(Long) inches	34	34	34	34	34	34	34	34	34	34	34	34	34	34

Men's Overtrousers

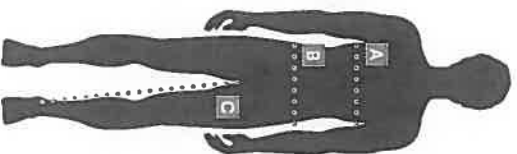
(Waist) size inches	26-28	28-30	30-32	33-34	36-37	38-40	42-44	46-48	50-52
(Waist) size cm's	66-71	71-76	76-81	84-86	92-94	97-102	107-112	117-122	127-132

Size Conversions

Austria, Switzerland, Germany, Netherlands, Sweden, Italy	40-42	42-44	44-46	48-50	50-52	54-56	58-60	62-64	64-66
Belgium, Spain, France, Portugal	34-36	36-38	38-40	42-44	44-46	48-50	52-54	56-58	60
USA	26-28	28-30	30-32	33-34	36-37	38-40	42-44	46-48	50-52

Regatta Measuring Guide

The fit of your clothes depends on the cut/style and design of your garment. Our garments will vary in actual size as we allow for ease of fabric over the body. Measure your body accurately to determine what size clothes you would be best buying.



A CHEST: Measure the chest at the fullest part placing the tape under the arms.

B WAIST: Measure around the waist at the height at which you would normally wear your trousers.

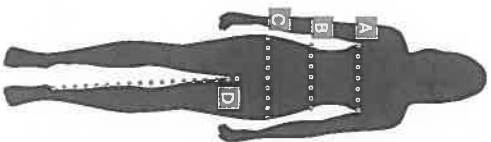
C INSIDE LEG: Measure from the crotch to where your trouser leg is normally worn at the ankle.

WOMEN'S SIZING CHART

Women's Body Measurements	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36
Women's Sizing: Jackets / Body Warmers / Fleeces / Shirts / T-Shirts & Trousers																
(Bust) size inches	30	32	34	36	38	40	43	45	48	50	52	54	56	58	60	62
(Bust) size cm's	76	81	86	92	97	102	109	114	122	127	132	137	142	147	152	158
(Waist) size inches	23	25	27	29	31	33	36	38	41	43	45	47	49	51	53	55
(Waist) size cm's	58	63	68	74	79	84	91	96	104	109	114	119	124	129	135	140
(Hip) size inches	33	35	37	39	41	43	45	47	50	52	54	57	59	61	63	65
(Hip) size cm's	84	89	94	99	104	109	114	119	127	132	137	145	150	155	160	166
Size Conversions																
Austria, Switzerland, Germany, Belgium, Sweden	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
Netherlands, Portugal	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Spain, France, Italy	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68
USA	XXS/12	XS/14	S/16	M/18	L/20	XL/22	XXL/24	3XL/26	4XL/28	5XL/30	6XL/32	7XL/34	8XL/36	9XL/38	10XL/40	11XL/42
RUS	XXS/38	XS/40	S/42	M/44	L/46	XL/48	XXL/50	3XL/52	4XL/54	5XL/56	6XL/58	7XL/60	8XL/62	9XL/64	10XL/66	11XL/68
Women's Inside Leg Measurements																
(Short) inches	29	29	29	29	29	29	29	29	29	29	29	29	29	29	29	29
(Regular) inches	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31
(Long) inches	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33
Women's Overtrousers																
(Waist) size inches	26-28	30-32	34-36	38	38	38	38	38	38	38	38	38	38	38	38	38
(Waist) size cm's	66-71	76-81	86-92	97	97	97	97	97	97	97	97	97	97	97	97	97
Size Conversions																
Austria, Switzerland, Germany, Netherlands, Sweden	34-36	38-40	42-44	46	46	46	46	46	46	46	46	46	46	46	46	46
Belgium, Spain, France, Italy	36-38	40-42	44-46	48	48	48	48	48	48	48	48	48	48	48	48	48
USA	S/4-6	M/8-10	L/12-14	XL/16	XL/16	XL/16	XL/16	XL/16	XL/16	XL/16	XL/16	XL/16	XL/16	XL/16	XL/16	XL/16
RUS	S/40-42	M/44-46	L/48-50	XL/52	XL/52	XL/52	XL/52	XL/52	XL/52	XL/52	XL/52	XL/52	XL/52	XL/52	XL/52	XL/52

Regatta Measuring Guide

The fit of your clothes depends on the cut/style and design of your garment. Our garments will vary in actual size as we allow for ease of fabric over the body. Measure your body accurately to determine what size clothes you would be best buying.



A BUST:
Measure around the fullest part of your bust.

B WAIST:
Measure around the waist at the height at which you would normally wear your trousers.

C HIP:
Measure around the fullest part of your hip.

D INSIDE LEG:
Measure from the crotch to where your trouser leg is normally worn at the ankle.

KIDS SIZING CHART

Little Adventurers Unisex Size Chart

Age/Months	Height	Size Conversion
6 - 12 Months	74 - 80 cm	80
12 - 18 Months	80 - 86 cm	86
18 - 24 Months	86 - 92 cm	92
24 - 36 Months	92 - 98 cm	98
36 - 48 Months	98 - 104 cm	104
48 - 60 Months	104 - 110 cm	110
60 - 72 Months	110 - 116 cm	116

Kids Unisex Size Chart (Tops)

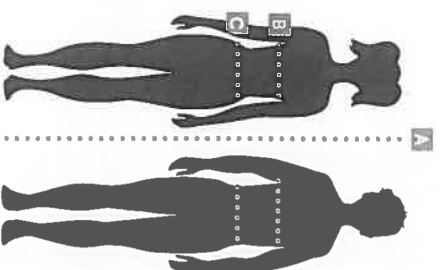
Age/Years	Height	Chest	Size Conversion
2 Years	92 - 98 cm	53 - 55 cm	98
3 - 4 Years	98 - 104 cm	55 - 57 cm	104
5 - 6 Years	110 - 116 cm	59 - 61 cm	116
7 - 8 Years	122 - 128 cm	63 - 67 cm	128
9 - 10 Years	135 - 140 cm	69 - 73 cm	140
11 - 12 Years	146 - 152 cm	75 - 79 cm	152
13 Years	153 - 158 cm	79 - 83 cm	158
14 - 15 Years	164 - 170 cm	86 - 89 cm	170

Kids Unisex Size Chart (Legwear)

Age/Years	Height	Waist	Size Conversion
2 Years	92 - 98 cm	52 - 53 cm	98
3 - 4 Years	98 - 104 cm	53 - 54 cm	104
5 - 6 Years	110 - 116 cm	55 - 57 cm	116
7 - 8 Years	122 - 128 cm	58 - 60 cm	128
9 - 10 Years	135 - 140 cm	61 - 64 cm	140
11 - 12 Years	146 - 152 cm	65 - 66 cm	152
13 Years	153 - 158 cm	67 - 68 cm	158
14 - 15 Years	164 - 170 cm	73 - 76 cm	170

Regatta Kids General Sizing Guidelines

Our children's clothes are designed to allow room for growth. Sometimes the height measurement is a better guide than the age in choosing the correct size for your child.

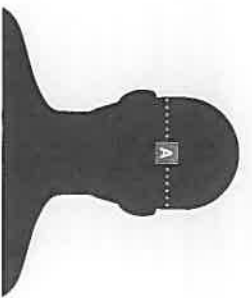


A HEIGHT: Measure from a level floor to the top of the head.

B CHEST: Measure the chest at the fullest part placing the tape under the arms.

C WAIST: Measure around the waist at the height at which you would normally wear your trousers.

HATS



A = Place the tape around your head across the mid-forehead, completely circling your head. Hold the tape firmly, but not too tightly. Measure your head exactly where the hat will sit. If your measurement falls between sizes, choose the next largest size.

Mens Sizing

Head Circumference Sizing	S/M	L/XL	One Size
Head Circumference - cms	56cm	58cm	57cm

Women's Sizing

Head Circumference Sizing	S/M	L/XL	One Size
Head Circumference - cms	54cm	56cm	55cm

Kids Sizing

Head Circumference Sizing	1-2 Years	2-4 Years	4-6 Years	7-10 Years	11-13 Years
Head Circumference - cms	51cm	52cm	53cm	54cm	55cm

GLOVES



To check hand size against glove size you need to measure your palm circumference. You should use your dominant hand e.g. the right if you are right handed.
A = Measure in inches or centimetres with a tape around your palm at the fullest point (excluding thumb).

Mens Sizing

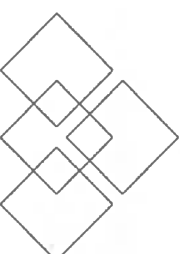
Glove/Hand Sizing	S	M	L	XL
Palm Circumference - inches	8"	9"	10"	11"
Palm Circumference - cms	20.5cm	23cm	25.5cm	28cm

Women's Sizing

Glove/Hand Sizing	S	M	L	XL
Palm Circumference - inches	6"	7"	8"	9"
Palm Circumference - cms	15.5cm	18cm	20.5cm	23cm

Kids Sizing

Glove/Hand Sizing	1-2 Years	2-4 Years	4-6 Years	7-10 Years	11-13 Years
Palm Circumference - inches	4"	5"	5.5"	6"	6.5"
Palm Circumference - cms	10cm	13cm	14cm	15.5cm	16.5cm



THE HONESTY PROJECT

The Regatta group is a family business with a strongly believed set of values.

We deeply believe that honesty, courtesy and respect are critical in all the decisions we make, wherever that may be – with customers, colleagues and the workers in our factories.

We set up the Honesty Project to focus on creating fantastic product, thoughtfully engineered for the great outdoors, and in doing so will hopefully enhance the lives of those touched by our business. We're not perfect yet but we're striving to be committed to honesty and transparency in everything we do, every step of the way.

RESPONSIBLE SOURCING



Ethical Trading Initiative
Respect for workers worldwide

We have been members of Ethical Trade Initiative since 2012. ETI brings together brands, retailers, suppliers, unions and NGOs to improve conditions for workers worldwide. We have recently been awarded Achiever status which makes us one of ETI's top companies. We impact 32000 workers in 95 factories in 7 countries.

RESPONSIBLE SOURCING



Our RHEP project teaches female health, hygiene and nutrition. By the end of 2017 we will have trained over 7000 workers, who in turn teach neighbours and friends. We do this through a system of peer educators, teaching workers to be health educators who then cascade their learning.



THE REGATTA GROUP SCHOOL, SAVAR, DHAKA

For over 10 years, we have been funding a primary school in our garment factory area, with 282 disabled and disadvantaged children, aged from 4 to 14. As well as essential building refurbishment, we are also reviewing the curriculum with Save the Children, where we plan to introduce a numeracy and literacy booster scheme and a programme to help educate the parents. Key to our success is that we provide a balanced meal and milk for every child, every day. We are proud of the positive impact we have made to over 3000 families to date.

THE ENVIRONMENT

Understanding the impact our activities have on our natural environment is important. It is imperative we reduce our harmful effects where possible. We have a detailed business plan, with key dates and targets. These include reducing CO2 emissions, reducing water usage, waste and chemical management, using more sustainable packaging and component parts and switching to "Blue Sign" certified fabrics wherever possible. We are 100% compliant with all European legislation regarding banned substances and are also working towards a reduction of PFC's by 2020.

Joining the Microfibre Consortium allows us to work with experts to find ways of reducing fibre loss which is ultimately contaminating our water systems. As a licensee for the Higgs Index, this will enable us to benchmark our sustainability efforts within the industry, encouraging us to continuously raise the bar.